



Newsletter #99
September 2009

Around the House (1) – Parking

We have been asked to remind One Wall residents that you should always park in your own spot/s on P4 or P5, and not in a hotel spot. Taking up a hotel space deprives the hotel of the possibility of renting it to a paying customer. They have advised that if necessary they will tow away any car found to be doing so. Thank you.



Around Town (1) – Wanda Sykes



You've probably seen Wanda Sykes on the Tonight Show with Jay Leno, where she was one of his most popular guests. She has been called "one of the funniest stand-up comics" by her peers and ranks among Entertainment Weekly's

25 Funniest People in America.

She was last seen in her HBO comedy special *Wanda Sykes: Sick and Tired*, which debuted in October 2006 and was nominated for a 2007 Primetime Emmy. It was taped before a live audience at the Moore Theatre in Seattle, and features material from her recent national tour. Among the topics covered were politics, gay marriage, karma, health care, racial profiling, the pressure of being a woman and the perks of getting older.

Sykes was recently seen in the feature films "Evan Almighty," the sequel to "Bruce Almighty," in which she co-starred with Steve Carell. She can also currently be seen on the CBS comedy "The New Adventures of Old Christine." Her first book titled *Yeah, I Said It*, published by Simon and Schuster, hit bookstores in September 2004. *Yeah, I Said It* is a hilarious collection of essays touching on life, family and current events.

Wanda Sykes will be appearing at the River Rock Casino resort in Richmond on Friday September 4th at 8pm. The show, it's perhaps unnecessary to say, is not appropriate for children.

Around Town (2) – Dame Evelyn Glennie at the Chan Shun



"If you've never experienced Glennie, you shouldn't miss her. If you've heard her before, chances are you already have your tickets." - *Washington Post*

Extraordinary solo percussionist Dame Evelyn Glennie joins the Manitoba Chamber Orchestra in a program of works new and old by Vivaldi, Evangelista, Duddell, Hatzis and Shostakovich. Dame Evelyn Glennie is the first person ever to successfully create and sustain a full-time career as a solo percussionist.

Diagnosed as profoundly deaf at the age of eleven, she learned to hear through sound vibrations: reaching out, even through the bare soles of her feet. As one of the most eclectic and innovative musicians on the scene today, she is constantly

redefining the goals and expectations of percussion, and creating events of great vitality. She is a dynamic, warm and thoroughly engaging artist who charms audiences of all ages with her technique, her artistry, and her eagerness to communicate.

The Manitoba Chamber Orchestra explores a section of the repertoire rarely touched by large symphony orchestras. The orchestra will be conducted on this occasion by Anne Manson, who is distinguished by her dynamic podium presence, her stylistic versatility, and her ability to draw audiences into the inner world of the composer.

The concert takes place on Saturday September 19th at 8pm. Tickets are available through the usual outlets.

Around Town (3) - Mosquito Creek Floating Boat Show

If you see a boat in your future, make your way to North Vancouver for this show of more than 150 boats.

Along with new and brokerage (pre-owned) boats that will be on display, several new exhibitors have joined this very exciting event.

Visit all of the boats on display as well as many booth exhibits with marine related products ranging from electronics, sounders, radios, insurance companies, financial institutions, clothing and diving gear, dinghies and much, much more!

The show takes place at Mosquito Creek Marina in North Vancouver, from September 10th until the 13th. The hours are as follows:

Thursday / Friday - Noon to 6pm
Saturday - 10am to 6pm
Sunday - 10am to 4pm

Admission by Boarding Pass is \$5.

Around Town (4) – Acupoint Wellness Centre

Former long-time One Wall residents Kirk Caouette and Suka Yee, who many residents will know, have opened Acupoint Wellness Centre, just around the corner from us at 981 Hornby

Street. The Centre is a beautiful boutique alternative medical clinic specializing in acupuncture, weight loss, fertility, and pain management.

Their staff includes an Acupuncturist, a certified holistic nutritionist and two Registered Massage Therapists. Suka Yee's specialty is cosmetic acupuncture. Please note that their web site, www.acupoint.ca, will be up very soon. The Centre's hours are 10am until 7pm, and their phone number is 604-688-7710.



Not too far away – Langley Events Centre



Paul Brandt was born and raised in Calgary, where he sang gospel music and learned to play guitar as a child. During high school, he began playing local talent contests, singing his own songs. Instead of pursuing country music as a full-time career, he decided to attend college and study nursing. For two years, Brandt went to college and practised as a paediatric nurse at Alberta's Children's Hospital. However, he continued to enter local talent contests and to place well in each event.

The turning point in Brandt's musical career came when he entered a national contest sponsored by SOCAN. At the contest, Brandt won first prize for Best Original Canadian Country Song and placed as the runner-up for Best Performance. After the competition a demo tape of Brandt's songs made its way to Reprise's Nashville office. They arranged to see a showcase

concert by Brandt and, following the show, the label signed him.

After signing the record contract, Brandt moved to Nashville, where he recorded his debut album, "Calm Before the Storm," which was released to critical acclaim and strong sales. Brandt's concert is on Friday September 11th. Details can be found at the web site www.langleveventscentre.com.

Further Afield – Agassiz Fall Fair and Corn Festival

Up to 75% of all grocery items contain corn in some processed form. Some products that may have corn as an ingredient include candies, ketchup, soft drinks, ink, latex paint, spark plugs, tires, wallpaper, varnish, dog food, ice cream, chewing gum, margarine, mayonnaise and yoghurt.

Corn is grown in every continent except Antarctica. Corn is a person's best friend. It's the best listener (it has a good ear) and never talks back. And did you know that an ear of corn averages between 200 and 400 kernels? Go ahead, count them one day when you've nothing better to do.



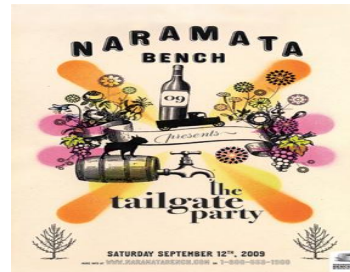
Competitions include Corn Husking, a Corn Cob Toss Contest, and the Best Corny Joke Contest. The Fall Fair takes place on Friday and Saturday September 18th and 19th. Admission is \$7 for adults and a steep \$2 for children. Please see their web site for directions on how to get there. It's at www.agassizfallfair.ca.

Naramata Bench (overlooking Okanagan Lake)

It's time to drop the Tailgates and have a party! Meet the winemakers, and taste the new releases of the Naramata Bench Wineries Association. Dance to the live music of Double Magnum and Friends, plus fuel the fun with Southern Style BBQ cuisine presented by The Chef In Stead.

Appies and deserts will be crafted by the Hillside

Estate Winery and Bistro, and The Bench Artisan Food Market. Hosted at [La Frenz Winery](#) on the Naramata Bench, the party is from 6 to 9pm on September 12th.



This is where winemakers and wine lovers get together for the good times wine event of the season! The event sells out every year so don't miss your tickets to the best event on the Bench.

There will be free shuttle buses from Penticton and Naramata because there is very little parking at the site, plus they don't want you to have to drive. [Tickets](#) are \$79 and are available [online](#) or by calling 1-800-663-1900.

And Still Further Afield – Lake Union Boats Afloat Show

Seattle's 32nd annual Lake Union Boats Afloat Show is set to get underway at 10am on Wednesday, September 16th. The annual show — with 200 new and used boats or vessels from 20 to 118 feet — is recognized as the West Coast's largest floating show. The Show runs through Sunday, September 20th, and is open from 10am till 6pm daily.

There you will discover everything from new boats and accessories for sale, to hands-on seminars that address a wealth of topics, to a free demonstration ride at the Discover Sailing dock.

Please see their website at www.boatsafloatsow.com for all of the details.

And Finally – Popcorn

Apparently, research has shown that people who eat popcorn at the movies are three times more likely to cry during the film as are non-popcorn eaters.

Your One Wall Concierge Team:
Eleanor, Kerry, Sunny and Maria.