



Newsletter #95 May 2009

Around the House – P1 Bicycle Storage Room

We have noticed that there are many bicycles in the P1 storage room that look as though they may have been abandoned. We would like to clear out and dispose of the unwanted bikes, so that we can have room for more as new residents move in.

So, if you have a bike or bikes downstairs, please identify it or them to a member of the concierge staff. We will label the racks of those bikes still belonging to residents, and make arrangements to remove the flotsam and jetsam.

Thank you.



Around Town (1) – BMO Vancouver Marathon

Well, if Climb the Wall in February wasn't enough physical exercise for you, on Sunday May 3rd much of the downtown core will be shut down

while Vancouver plays host to the yearly Marathon.

There are many different start times, for children, athletes in wheelchairs, walkers and so on, but the main event kicks off (if that's the phrase) at 7:30am on Pacific Boulevard east of GM Place. The course is only 42.2 kilometres – what have you got to lose, apart from 4 gallons of bodily fluids, and the ability to walk for a week. But just think of the bragging rights a finish will give you.

For more information and to sign up now, please see www.bmovanmarathon.ca.

Around Town (2) – Bill Reid: Master of Haida Art

The Bill Reid Gallery of Northwest Coast Art presents its inaugural exhibition from May 10th until the 31st. The exhibition captures the late artist's journey using his own art, stories, and film.

Highlights of the exhibition will include:

Bill Reid's monumental masterpiece, *Mythic Messengers*, an 8.5 m bronze frieze, relatively unknown until now.

A new monumental pole featuring the Wasgo, or Haida Sea-Wolf, carved by James Hart of Haida Gwaii, celebrating Reid, his mentor.

The Killer Whale, a sculpture cast in bronze with jade patina.

Raven and the First Men, a sculpture in onyx, also several of Reid's works that appear on the Canadian \$20 bill

A large interactive screen with a 360 degree rotating exhibit featuring digital 3D scans of the Spirit of Haida Gwaii.

Historical footage of Reid from 1954 through 1998, presented by the CBC.

The Gallery is just down the street from One Wall, at 639 Hornby Street. Please see www.billreidgallery.ca for more details.

Around Town (3) – Diana Krall Live in Rio

...but you don't have to go to Rio to see her. The Nanaimo songstress performed there in November of last year, and the concert will be screened in Canada at 7pm on Wednesday, May 20th at participating Cineplex theatres. The concert was filmed with 11 high-definition cameras, and the performance film includes shots of Rio. Please see www.cineplex.com for details and to buy tickets.

Around Town (4) – Mozart at the Chan

The Vancouver Symphony celebrates the music of history's greatest musical genius. An all-Mozart concert doesn't happen very often, but on Friday May 15th and Saturday May 16th, the VSO are presenting just that at the beautiful Chan Centre for the Performing Arts on the UBC campus.

Eighteen year-old pianist Ran Jia has been praised as "a poet, with dramatic skill in music making." She will perform an early Mozart piano concerto in her VSO debut. It's the number 12 in A major, K 414, for those who want to complete their collection. The other works are the Symphonies number 31 (the Paris) and number 36, (the Linz). Bramwell Tovey conducts, and the baton will be raised at 8pm for each concert. On the Sunday, the same programme will be reprised at the Orpheum at 2pm. Tickets are available at the usual outlets.

Around Town (5) – Jennifer Warnes

Catch this legendary singer in concert!

"Her voice is like the California weather, filled with sunlight...But there's an earthquake behind it" — Leonard Cohen



With hits like *Right Time of the Night* to Dirty Dancing's (*I've had*) *The Time of My Life* to her

iconic interpretations of Leonard Cohen on *Famous Blue Raincoat*, Jennifer Warnes has crafted a 40-year career singing some of the world's best songs. Finally, in her first Vancouver appearance in at least 20 years, here's a chance to hear this Grammy and Oscar Award-winner, and one of popular music's finest voices, live in the perfect concert setting.

Ms Warnes is also appearing at the Chan, on Thursday May 14th, at 8pm. Buy your tickets soon to avoid disappointment.

Around Town (6) – Fleetwood Mac

Yes, I know you thought they'd hung up their guitars years ago, but the legendary band is still going strong and on the road again. They are playing at GM Place on Friday May 15th, and Mick Fleetwood's first drumstick will strike a tightly stretched drum skin at 7:30pm.



The members of the band, the multi-Grammy award winning Rock and Roll Hall of Fame inductees, write of their new tour: "We love our band and think the title of the tour "UNLEASHED" perfectly describes how we all feel when we get on stage together - especially in 2009. We're so happy to get back out on the road, perform everyone's favorite songs and see our fans."

Tickets are probably all sold out, but your friendly neighbourhood scalper may be able to help. Cash is usually appreciated.

Further Afield Victoria – Royal BC Museum

The much anticipated North American debut of Treasures: The World's Cultures from the British Museum opens in Victoria at the Royal BC Museum on May 1, 2009.

The exhibition brings together over 300 rare and unique objects from around the world, spanning

over 1.5 million years of human history. Originally assembled to celebrate the 250th anniversary of the British Museum, Treasures, dazzled more than 1.3 million people during its recent nine-city Asian tour.

To order your tickets by phone, please call 1-800-663-3883 or visit:
www.tourismvictoria.com/treasures.



Still Further Afield – Naramata Bench (Penticton)

The Naramata Bench is a place of great beauty and personality. Twenty two boutique wineries have staked their claims to this prime agricultural land. Some are situated on the picturesque rolling hillsides of the Naramata Bench while others are perched at the edge of cliffs that fall perilously towards Okanagan Lake. It's perhaps the most scenic wine region in North America.

And with beauty comes quality as well. Long established as Canada's premier grape growing region the wines of Naramata Bench share a fine pedigree of superb craftsmanship and heritage. Naramata Bench wine country is a must-visit destination for wine connoisseurs and those seeking vistas of unparalleled beauty.

From May 1st until the 10th the winery presents its Spring Wine Festival, when the local wineries open their cellars and barrels for guided tastings of future releases. Take part in this time honored wine-making tradition and savor the promise of years to come.

Naramata Bench Winemakers will guide your palette through the flavours and nuances of their developing wines, and how they will evolve in the

barrel and the bottle. Make that early find and reserve your supply of these limited quantity releases.

Please see www.naramatabench.com for all of the details. Now might be a good time to start planning your wine cellar to be ready for the Olympics.



And (Almost) Finally – Old Timers' Disease

This is bad news for anyone with a brain. The latest research suggests that many mental powers start to decline at the age of 27 – much earlier than previously thought – with overall brain function peaking at the ripe old age of 22. The seven-year study of 2,000 people between the ages of 18 and 60 found that brain speed, reasoning,, and visual-puzzle-solving ability all decline after the age of 27, and memory begins its decline at the age of 37. The only areas not affected were vocabulary and general knowledge, which increased until the age of 60.

No Really – Finally

No Country for Young Babies - This week's career advice for the recently downsized: become a urologist. According to CNN, anecdotal evidence from doctors around North America suggests that the number of men asking for vasectomies has increased by as much as 50% since the economic downturn began last October.

**Your One Wall Concierge Team,
Eleanor, Kerry, Sunny & Maria**