

Newsletter #108

June 2010

Around the House (1) – Hypodermic Needles

We are still finding used hypodermic needles in the P1 garbage bins. These represent a serious medical hazard to anyone handling or disposing of the contents of the bins. If you need to dispose of needles, please ask at the desk. We can supply you with a "Sharps" box for \$10.

Thank you.



Around the House (2) – Shaw Cable Technicians

If you are having someone from Shaw Cable to come and work in your suite, please note that there has been a change of policy at Shaw. Effective immediately, one of the residents of the suite must be present throughout the time the technician is working in your suite. We can continue to give access and remain with the technician if the repair will only take a moment, but we cannot

undertake to be present whilst lengthy troubleshooting is taking place. You will need to make your own arrangements to have someone present whilst the work is being carried out.

If a resident is not present, the technician will simply leave and move on to his or her next appointment.

Around the House (3) - ESL Tuition

We now have our own in-house personal ESL tutor. If you struggle with the finer points of English grammar, or know someone who does, please ask at the desk for more details.

Around Town (1) - Heritage House Tour

The Vancouver Heritage Foundation has scheduled this year's heritage house tour for June 6^{th} . The tour is a one-day, self-guided tour of 10 historic buildings in our city. Now in its eighth year, this event has brought more than 10,000 people into more than 70 privately owned, unique heritage homes.

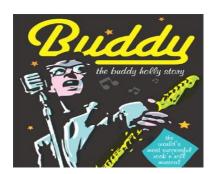
Each year a different selection of homes is opened, showcasing a wide variety of traditional house styles and interesting historic neighbourhoods.



Tickets are \$35 per person, plus GST. Please call 604-264-9642 or visit www.vancouverheritagefoundation.org for more details.

Around Town (2) – The Buddy Holly Story

Buddy, The Buddy Holly Story, is the world's most successful Rock 'n' Roll musical. It's been seen by more than 20 million people, in 17,000 performances around the world. It is now playing at the Stanley Industrial Alliance Stage, which for those of you who don't know, is on Granville Street just over the Bridge, between 11th and 12th Avenues.



The show write-up says, in part: "Peggy Sue,"
"That'll Be the Day," "Oh Boy," "Not Fade
Away"—the list of hit songs penned by Buddy
Holly goes on and on. By his untimely death, the
legend had already changed popular music
forever. Vibrant and celebratory, Buddy: The
Buddy Holly Story highlights the talent and
passion that lives on in his music and continues to
thrill audiences long after they dance out of the
theatre!"

And in the words of the Daily Telegraph: "Ludicrously enjoyable... Buddy Holly's magnificent music undoubtedly ensures that you leave with a smile on your face and a spring in your step."

Tickets are available from www.vancouvertix.com, by phone from the Arts Club at 604-687-1644, or directly from the Box Office at the theatre. Be warned, though, that quite a few shows are already sold out, so don't delay if you'd like to go.

Around Town (3) – Madama Butterfly

It's time to get your box of hankies out and head on down to Hamilton Street where it intersects with West Georgia Street, to the Queen Elizabeth Theatre. Puccini's Madama Buterfly is being performed there by Vancouver Opera, on June 1st, 3rd, 5th 8th and 10th.

You probably already know the story already, but in case you don't the Opera guide says: "In Nagasaki, a pleasure-seeking American naval officer leases a house and "marries" a young geisha. He is briefly enchanted with his "Butterfly", but she gives herself wholly to the marriage. When he abandons her and then returns to claim their child, Butterfly is devastated and dishonoured. In a supreme act of devotion to her ancestors, she ends her life.

Puccini's incomparably gorgeous opera never fails to give audiences a deep emotional experience. Vancouver Opera's production features the breath-taking designs of Japanese-born visual artist Jun Kaneko."



The opera will be sung in Italian, but the production will feature surtitles, so that you can follow the action.

Tickets are available on their website, which is www.vancouveropera.ca. If you've not been to an opera before, this is probably the one that will get you hooked. But don't forget the tissues – you will be needing them.

Around Town (4) – Round of Wishes Golf Tournament

On June 29th, the Children's Wish Foundation hosts the 5th annual Round of Wishes Golf Tournament at Morgan Creek Golf Course.

You will not want to miss this tournament! The Morgan Creek Golf Course is one of Canada's finest golf courses - 18 holes of spectacular treelined, rolling fairways with white sand bunkers and manicured greens. With five sets of tees on each hole, this remarkable course is designed for golfers of all playing levels.



All of the money raised at the tournament goes to support the work of the Foundation. Final arrangements are still being put together, so if you are interested in supporting this great cause, please keep an eye on the Foundation web site. It can be found at www.childrenswish.ca. Or you can call Pamela Fry at 604-299-2241 for more information.

Around Town (5) – West End Farmers' Market

This year's market opens for the summer season on Saturday, June 5th, and will run almost until the end of October. It takes place in the 1100 block of Comox Street, right across from Nelson Park. If you turn left on leaving One Wall and head on up the street, you won't miss it.



Around Town (6) - Velopalooza

Very recently Vancouver City Council approved a 10-year cycling plan. Over the next 2 years, \$25 million (yikes!) will be spent on cycling infrastructure. The hope is that the improvements will encourage more people to commute by bicycle.

And in that spirit, June 4th-13th sees Velopalooza, Vancouver's first cycling festival. Among events planned are a dedicated ride for cargo-toting cyclists, and a gelato ride will play out like a citywide pub crawl for those who can't get enough of the Italian treat.



The event kicks off on with a community bike wash! Please see www.velopalooza.ca for more information.

Further Afield – Ferry Spa

If you plan to be going anywhere on BC Ferries this month, you should know that C Spa is offering spa services on selected Tsawwassen-Swartz Bay sailings. The services – manicures, pedicures or neck massages – will be offered on Thursdays through until Mondays, on a first come, first served basis. Please see www.bcferries.com or www.c-spa.com for a full menu of their services.

Victoria Get-aways

Until June 15th, Brentwood Bay Lodge and Spa, the toprated 5 star oceanfront resort in Victoria is offering a special overnight rate of \$199 to BC residents only.

The Lodge is tucked away on the pristine Saanich Inlet, just a few mintues from the Butchart Gardens. It's perfectly located in the heart of Vancouver Island's wine country, and only 20 minutes from downtown Victoria.



The Lodge has 33 five-star guest rooms, with each room featuring a king sized bed with fine Italian linens, a fireplace with seating area, jetted soaker tubs and massage showers in the bathrooms, and a private balcony with ocean views.

For reservations please call 888-544-2079, or you can book through their website at www.brentwoodbaylodge.com.

Your One Wall Concierge Team: Eleanor, Kerry, Sunny and Maria.