

# One

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## WALL CENTRE

Newsletter #159

September 2014

### Around the House (1) – Health Club Access Cards

As most residents will already be aware, new membership cards have been made available to allow you to access the Health Club. For the time being, at least, the hotel is only issuing 2 cards per suite. We have made representations to ask that the limit be raised. We have not heard back yet. We will keep residents informed.



### Around Town (1) – RBC GranFondo

The RBC GranFondo bike ride to Whistler is a legacy event from the 2010 Winter Olympics.

Gran fondos are mass participation cycling events that have enjoyed incredible popularity in Europe for decades and are gaining momentum in North America.

Loosely translated from Italian, gran fondo means "big ride." These rides are often a hundred

kilometres or more and designed for a large number of cyclists at a variety of skill levels - everyone from the competitive cyclist to the amateur enjoy these events. The rides are judged by the challenges they offer: steep climbs, long distances or a combination of the two. While these are not races, top finishers are often recognized.

Imagine for one day, the best possible cycling roads are closed to traffic. Before you is an epic route with challenging climbs and thrilling descents. All you have to do is concentrate on the beauty around you. You're feeling fit and you're lined up for a huge ride with thousands of your fellow cyclists. It's not a race, so there's no pressure. You can ride at whatever pace you want. You can even stop for a sandwich along the way - they're provided. And no matter what pace you choose, you're not likely going to be riding alone. The scenery is better than you would see in a magazine. The ride ends with a massage and a party, and everyone's invited.

This year's ride takes place on Saturday September 6<sup>th</sup>, and there will parties and other hoopla all weekend in Whistler. Last year 7,000 cyclists from all over the world took part in this one-off event.

### Around Town (2) – Fringe Festival

The Fringe Festival kicks off on September 4<sup>th</sup>, and will feature close to 100 artists, and more than 800 performances from around the world. And it's run very democratically, as the main stage artists who perform have their names literally drawn from a hat.



Many events and performances take place on Granville Island, a quick walk across the Granville

Street Bridge, or better yet, a ride across on the Aquabus ferry. Complete guides to all happenings are available on-line, or in the Georgia Straight.

#### Around Town (3) – Carmen, by Georges Bizet

(Or, as Vancouver Opera calls it, “Deadly Passion in Spain”.) Carmen is their season opener, running from September 27<sup>th</sup> until October 5<sup>th</sup>.



You'll be treated to uninhibited dancing in a smoke-filled tavern, songs pulsing with erotic power, sinister felonies in a mountain pass, murder outside a bullring, and more. Carmen is justly revered for its thrilling drama and its irresistible music, so rich in energy and passion that it lives with audiences forever.

Passions run high at the Queen Elizabeth Theatre, just a 10-minute walk from One Wall Centre.



#### Around Town (4) – Vancouver Latin Film Festival

The VLFF is a cinematic showcase of South American talent in films, exploring Latin American social issues, their rich traditions and diverse heritage through the eyes of filmmakers. This year

the spotlight falls on Chile. For more information go to [www.vlaff.org](http://www.vlaff.org). The last reel will be spooled on September 7<sup>th</sup>.

#### Around Town (5) – Luxury and Supercar Weekend

On September 6<sup>th</sup> and 7<sup>th</sup>, the green lawns at Van-Dusen Botanical Gardens will be covered with black mats. Welcome to this annual showcase of everything that's exotic and/or luxurious in the world of cars.



There's something for everyone, as the festival blends the crème de la crème of automotive, fashion, art, food, wine and spirits. Don't forget your camera!

#### Around Town (6) – International Film Festival

The festival, now in its thirty-third year, is one of the largest in the world. It will run from September 25<sup>th</sup> until October 10<sup>th</sup>, and will feature roughly 350 films from more than 70 countries. Plenty of writers, directors and actors will be on-hand for lively post-screening Question and Answer sessions. You'll need your pass, your running shoes and maybe a bag of refreshments to take it all in.

All information is at [www.VIFF.org](http://www.VIFF.org).

#### Around Town (7) – IDS West

IDSWest (Interior Design West Show) is the largest contemporary design show on the West Coast. It's celebrating its 10<sup>th</sup> year in 2014, and the show promises to be bigger and better than ever. Design enthusiasts from far and wide come to Vancouver to experience what's up-and-coming in the world of design and to learn from the wealth of creative talent IDS has amassed under one roof.



This year will showcase exhibits, designers and products from Amsterdam, London, New York, Italy, Montreal, Toronto, Portland, San Francisco, Nevada, Los Angeles, plus a wealth of emerging and established local talent. You can use the show to source trends, ideas and new products for your home.

It runs from September 25<sup>th</sup> until the 28<sup>th</sup> at the Convention Centre in Coal Harbour.

#### Around Town (7) – Cuauhtemoc

Is it a bird? Is it a plane? No, it's the Mexican navy's 3-masted tall ship, which will be in port at the Burrard Dry Dock Pier, Mews Road, North Vancouver, from September 2<sup>nd</sup> until the 4<sup>th</sup>. Onboard viewing is available, and fascinating.



Further details are available from [www.mexicofest.ca](http://www.mexicofest.ca).



#### Further Afield – Steveston Walking Tours

Choose the 11am or 2pm option, and you'll be on the Murder, Mayhem and Morality tour, while at 12:30 it's the Boardwalks, Bars and Boats version.

Both are great fun. You can book a time by calling the Richmond Visitor Centre at 604-271-8280.



Tours will continue until September 27, every Friday and Saturday.

#### Other Items Worth a Mention

- Jann Arden (singer) at the Orpheum, September 6
- Jim Gaffigan (comedian) – also at the Orpheum, September 11
- Scotia Bank Dance Centre Open House (at 677 Davie Street) – September 13
- Mountain View Cemetery Walking Tour – September 14, 2-5pm
- Southlands Riding Club Country Fair – September 14, 10am-4pm
- Turning Point Ensemble, Vancouver Playhouse, September 19
- Voice and Drum, Vancouver Chamber Choir at Ryerson United Church, September 26, 8pm

- Bard on the Beach at Vanier Park – ongoing until September 20 – featuring A Midsummer Night’s Dream, The Tempest and Cymbeline
- Corey Bulpitt: Akos – a display of monumental Haida-based art at Northwest Coast Gallery, 639 Hornby Street, until September 14
- Yanni World Tour, Queen Elizabeth Theatre, September 12 at 7:30pm
- Elton John at Rogers Arena, September 13 and 14, at 8pm
- Awesome Race, September 7 – an HIV/AIDS fundraiser

Compliments of your One Wall Concierge Team:  
Eleanor, Kerry & Sunny