

Newsletter #165

March 2015

Around the House (1) - Climb the Wall

This takes place again on Sunday, March 1st. We will give residents an update on how it all went in the April newsletter.

Around Town (1) – Vancity International Salsa Bachata Kizomba Festival

March welcomes Vancouver's first Salsa Bachata and Kizomba Festival, where world-renowned instructors from a variety of countries will share their dance techniques with you. They will wow you with live performances every night, and maybe even steal you away for a dance.

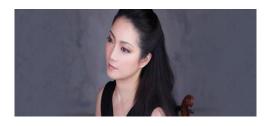
Come and experience Salsa, Bachata and Kizomba dancing and learn why it is becoming a healthy addiction that feeds your body, mind and soul. The next time you hear those Latin beats play, you'll never be able to stay seated again.

Welcome Josue Joseph for the first time in Vancouver all the way from Poland! Enjoy his company as you indulge in an elegant dinner with an exclusive Q&A accompanied by his Awardwinning film-screening of Part I Re-Edited "La Época - The Palladium Era".

After being inspired by amazing international jawdropping performances every night, dance all night long and don't stop till the break of dawn. Packages include a Salsa boot camp, though logically it should be called a stiletto and patent leather pumps camp. There will be three Separate Dedicated Rooms each with a Full Program of workshops for each type of dance. See and be seen at the Delta Burnaby Hotel and Convention Centre, March 6th-8th.

Around Town (2) — VSO's Japanese Celebration, Sunday March 1st

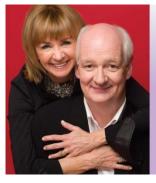
The Vancouver Symphony presents a special celebration of Japanese music and artists, in a concert featuring sensational violinist Akiko Suwanai performing Beethoven's great *Violin Concerto*.



Koto player Yuriko Nariya will be accompanied by the combined voices of the Cattleya Chorus, the Sakura Singers, the Winds Choir and the NAV Chorus, all conducted by Ruth Suzuki. Holst's very rarely heard Japanese Suite will also be performed by the full orchestra.

Gordon Gerrard, the VSO's associate conductor, wields the baton.

Around Town (3) - Unique Lives



DEBRA MCGRATH & COLIN MOCHRIE Making up life as we go along
3-0h Colin Mochris and Dahra McGrath as they talk about their marriage, their caneers and Dahra McGrath as they talk about their marriage, their caneers and Dahra shoes. From the beginning of their relationship, where Deb hade Colin at Second City, they developed the Colin at Second City, where Deb hade Colin at Second City, and advantage, but here and flocks, to the present day when they have update, but here and flocks, to the present day when they have well talk about how they combined the pleasures of marriage with will talk about how they combined the pleasures of marriage with will talk about how they combined the pleasures of in marriage, over 80 years experience on in marriage, and office of the species of the colin and behalt hope to parily this into a movie about their flees, where of course they will be replaced by younger actors.





Around Town (4) - Curries Aplenty

The much-awaited second annual Curry Cup competition presented by the Chefs' Table Society of British Columbia returns as eight acclaimed BC chef teams compete for the ultimate Curry Cup Championship on March 3, 2015 at the Heritage Hall located on 3102 Main Street.



Along with sharp-witted commentary and outlandish ingredients, each competing chef team will be challenged to showcase their culinary skills to create a unique curry dish. Every ticket includes tastes of wine and beer, plus eight curries highlighting unique international flavours from around the world, as served by the competing chefs.

The event will be emceed by Vancouver's 'Man About Town' Fred Lee; and the very difficult task of judging this friendly competition will rest on the shoulders of talented judges and experts of the food industry: Taryn Wa, last year's Curry Cup winner and owner of Savoury Chef Foods; Mijune Pak, founder of Follow Me Foodie and food columnist for the WestEnder; Vikram Vij, chef/owner of Vij's Restaurant; Nathan Fong, food stylist and host of Fong on Food segment on Global TV; and Sid Cross, wine and food expert.



Chef Jonathan Chovaneck, vice president of the Chef's Table Society, executive chef and coproprietor of Bittered Sling Extracts says "The Curry Cup competition has now become an annual fundraiser for the Chefs Table Society which supports scholarships and other charitable initiatives.

This event gives us an opportunity to support the local culinary experts to come together for a healthy competition and camaraderie for the public to enjoy". Tickets are available online, and cost \$60.

Around Town (5) – Outdoor Adventure and Travel Show

To make the most of our beautiful natural surroundings, you'll need some gear. And the place to buy it all is this show. It runs on both March 7th and 8th at the Convention Centre. You can book outdoor adventure tours, buy or rent kayaks, learn about outdoor and wildlife photography, and so much more. If it takes place outdoors, the chances are this show has what you'll need to get involved.



Events on the main stage will include breathtaking presentations where you'll hear from seasoned adventure travelers as they share incredible stories of the thrill of their adventures. Industry experts, celebrity guests and world-class film screenings, will add to the enjoyable elements of entertainment and education of the show.

Tickets are available online, or at the door.

Around Town (6) - Next Step Dancers

Featuring music from the hit series, The Next Step Live on Stage is an interactive dance experience for kids and families of all ages. Showcasing their incredible talent and athletic abilities, The Next Step dancers will perform popular routines from the show – intricate solos and duets, jaw-dropping group numbers – along with new eye-popping choreography and tutorials designed to celebrate dance and movement.



After last fall's wildly popular mall tour, the dancers are going national and delivering an engaging show guaranteed to create a memorable experience for the entire family. Filled with high-energy dancing complete with jumps, tricks and lifts, the tour highlights the natural talent that has elevated these performers to dance idols.

Queen Elizabeth Theatre, March 14.



Around Town (7) – PlayDome at BC Place Stadium

Kids or grand kids to be entertained over Spring Break? PlayDome is the place to take them.

Canada's largest indoor carnival with over 45 rides and attractions is back at BC Place! Feel like you're floating in air with the Zero Gravity ride, be spun

around on the new open air cars of the Ring of Fire and be flung into oblivion on the Super Shot.

Popular favorites such as 1001 nights, The Ferris Wheel and the Zipper are all back to be enjoyed.



You might want to feed them after they've exhausted all of the rides, rather than before.

PlayDome runs each day from March 14th until March 22nd.





Further Afield - Mountain Story

Whistler-based Mountain Story is an interview series that reveals incredible tales of passion, adventure and transformation behind the most

accomplished and inspiring mountain personalities. Mountain Story will host a guest list of the most colourful and charismatic trail blazers, adventurers and innovators of mountain life.



Featuring candid discussions in front of a live audience as well as an online series of interactive stories, Mountain Story is for all to enjoy, from outdoor enthusiasts to recreational players alike.

The backdrop is Whistler, one of North America's most famous skiing and biking locales and a high profile mountain destination deeply rooted in mountain culture and lifestyle.

Enjoy a social night out with engaging entertainment as an enhancement to dinner or a complete night out on the town. The reach is global, with creative stories to be shared online for the world to experience.

Entertaining and inspiring, Mountain Story is about sharing the remarkable passion for living in the mountains.

Point your browser to www.mtnstory.com.

Even Further Afield – All Things Cetacean

If you are planning a trip to Vancouver Island this month, then visits to Tofino and Ucluelet should be on your itinerary. March 14th-22nd sees the 29th annual Pacific Rim Whale Festival. In the spring, thousands of grey whales pass by on their annual migration from the Baja Coast in Mexico to the Chukchi Sea in the Arctic.



Events will include an opening salmon BBQ, followed by 9 days of educational events, presentations, whale watching, the Rubber Duck Race, the Dark Sea Spectacle, and more. Don't forget your camera. Their web site of the same name will give you all the details.

Other items of interest:

- Cadre at the Cultch, until March 8th
- Chutzpah Festival (various locations), until March 15th
- Sister Judy Arts Club Theatre, until March 21st
- The Mountaintop (about Martin Luther King), at the Arts Club Theatre until March 14th
- Die Fledermaus Vancouver Opera, until March 8th
- Visualizing a Culture for Strangers, Burnaby
 Art Gallery until March 29th
- Eli Bornowsky, Jeremy Hof, Monique Mouton, Jinny Yu: Close Listening, Richmond Art Gallery until March 29th
- Ancestry and Artistry: Maya Textiles from Guatemala, at the Reach Gallery, Abbotsford
- The Whipping Man, Pacific Theatre, until March 21st

Compliments from your One Wall Concierge Team: Eleanor, Kerry and Sunny